MAHARISHI INTERNATIONAL UNIVERSITY
2021 ANNUAL REPORT

CELEBRATING HIGHER EDUCATION FOR HIGHER CONSCIOUSNESS
1971 – 2021
It is my delight to receive you in this new campus where you will be developing your full potential. Let every day structure a new step of progress. Infinite is the range of knowledge and so is your consciousness. Rise to wholeness and prepare to lead the world.

— Maharishi Mahesh Yogi, September 3, 1974

Welcoming students arriving at Fairfield campus

Dear Friends and Donors,

Warm greetings from all of us at MIU! As you’ll see from the wonderful stories in this Annual Report, 2021 has been a most exciting year!

Enrollment is booming and has reached an all-time high of nearly 2,500 students. Roughly 800 students are enrolled in our BA and MA programs in Maharishi AyurVeda, and we have other, equally exciting new programs on the way. Our graduate programs in Screenwriting, Creative Writing, the Arts, Management, and Maharishi Vedic Science are also growing rapidly. And our brand-new Doctors Fellowship program will offer Integrative Medicine training and professional certification to doctors—bringing MIU visibility and prestige within the medical community.

Our campus is in the midst of a stunning makeover. We have transformed our main boulevard (RK Wallace Drive) and completed the new Wege Center for the Arts in glorious fashion. We have built many new classrooms and housing facilities and acquired new land and buildings to accommodate more students, staff, and faculty. And we were just gifted the very grand Fairfield Business Park building (formerly Books Are Fun), to accommodate our rapidly expanding Computer Professionals program.

The striking photos in the following pages tell that story—and more.

It is also a thrill to report that we’ve just created a new Institute for Permanent Peace at MIU, designed to greatly expand our Super-Radiance numbers and to fulfill MIU’s mission to bring peace, harmony, and prosperity to the world. The Institute was created in collaboration with Howard and Alice Settle, who are implementing a brilliant plan to replace our current trailer park with a glorious Va ś u t ā Global Peace Village, allowing us to boost our Dome numbers to 2,500 and beyond.

In the meantime, while that construction unfolds, we have launched a major Pan-American initiative to connect Sidhas across the entire Western Hemisphere to our Golden Domes. If you are a Yogic Flyer, please join us in the “Virtual Dome” at https://virtual-dome.org

And more good news: To respond to the national need for more teachers of Transcendental Meditation, we are developing a low-residence, partially online TM Teacher Training Course. We will be launching a pilot course this year, primarily aimed at MIU’s Next-Generation administrators and faculty.

This inspiring growth is due to you—our cherished donors, who truly comprehend Maharishi’s vision and share his commitment to an enlightened, prosperous, peaceful world. As we end this year of historic transformation, please give generously to our crucially important Annual Fund, which fuels all our programs and the remarkable expansion we are enjoying today.

With my heartfelt wishes for your health and happiness,

John Hagelin, President

MESSAGE FROM OUR PRESIDENT

MESSAGE FROM OUR FOUNDER

MAHARISHI INTERNATIONAL UNIVERSITY

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MIU RECEIVES MAJOR GIFT

On Christmas Day, beloved MIU supporters Ye Shi (“Linlin”) and Alan Marks donated to MIU one of the largest Maharishi Sthapatya Veda architecture buildings in the world.

Located four miles north of the main campus, this majestic 87,000 sq. ft. building, known as the Fairfield Business Park (formerly the Books Are Fun building), is in pristine condition. It will provide valuable classroom, administrative, and residential facilities to our ever-expanding Computer Science Program.

Alan and Linlin are the owners and executive team of Midwest Development and Investment Corporation. For the ten years ending in June 2020, Alan also served as CEO at Maharishi Ayurveda Products International. During his years with Maharishi Ayurveda, Alan consistently grew MAV while fulfilling Maharishi’s mission to bring MAV to the United States—employing many people in Fairfield, thereby contributing to our local and international TM community.

Linlin is a Certified Management Accountant, recipient of numerous national management and accounting awards, and is a highly regarded professor in the MIU Accounting Department.

In gratitude to Linlin and Alan, an engraved brass plaque has been mounted in the spacious lobby of the grand east entrance.

With enrollment growing at a furious pace... MIU needs more space!

We are now feverishly remodeling this glorious Maharishi Sthapatya Veda building, converting office spaces into handsome bedroom/bathroom suites as well as a café, lounge, and common areas.

The first student residents of this spectacular building will be Computer Science students who have finished their on-campus classes and are waiting for job placement at major companies around the US. The new residential floors are expected to be ready for the first group of ComPro students in February 2022.
Jeffrey Abramson Steps Down as Board Chair and Ed Malloy Takes the Reins

At the annual Board of Trustees meeting last June, Jeffrey Abramson announced that he would be stepping down as Board Chair after 12 years at the helm. Happily, he confirmed that he will continue as an active Board member, safeguarding and guiding the University’s stability and growth.

Mr. Abramson has been one of MIU’s most generous benefactors. Over the past decade he spearheaded the transformation of our digital capabilities, contributing his own resources and inspiring donations from others to support our rapidly expanding online programs and upgrading inter-departmental communications. He contributed to extensive renovations and new furnishings for every major residence hall. He regularly supported faculty research, the Annual Fund, and the endowment—ensuring MIU’s stability. For these valuable contributions and so much more, Mr. Abramson was awarded MIU’s highest honor: the Doctor of World Peace "honoris causa." We celebrate his great achievements and look forward to his continuing support and inspired vision.

Ed Malloy Named Board Chair

Ed Malloy is remembered by all as the mayor of our fair city, having been elected for nine consecutive terms from 2002 to 2020. As mayor he secured multiple grants for community development and accomplished a revival of Fairfield’s downtown. He also secured grants for improvement of the Fairfield Municipal Airport, construction of the new Sportsplex, completion of the 16-mile Fairfield Loop Trail. Under his leadership, Fairfield was named one of “Iowa’s Great Places.” Microsoft News selected him as “One of 15 Greenest Mayors in America.” Mr. Malloy has been a member of the MIU Board of Trustees since 2009, guiding fundraising campaigns, especially in growing the University’s endowment.

Laura Wege Appointed Trustee Vice Chair

Chairman Malloy will have the benefit of a new Vice-Chair: Laura Wege. Ms. Wege was Deputy Director of the Trade Register and former Legal Counselor for the Chamber of Commerce and Industry in her homeland of Romania where she had earned her BA and Law Degree. At the University of Miami she received her Master of Laws in International Law, and she has a Doctor of World Peace "honoris causa" from MIU. A long-time powerful and devoted supporter of our University, she will be joining forces with Tom Stanley as co-Vice Chair. The selection of Laura Wege and Ed Malloy was a resoundingly unanimous decision by all 36 Trustees.

Congratulations, Laura and Ed! And thank you, Jeffrey!

Online Programs Supercharge Enrollment

This fall our University total enrollment was a record 2,487 students—a major increase from last year’s 1,976 students.

Rod Eason, Vice President of Enrollment, reports that online enrollment jumped the most—a 41 percent increase from last year. Most academic departments are now offering online degree programs at the undergraduate or graduate level, or both. MIU has greatly expanded its online offerings over the past six years and, as a result, has attracted an increasingly diverse student body. People who are drawn to Consciousness-Based education, but are unable to move to Fairfield, can now enjoy its benefits without having to leave their jobs or uproot their families.

Graduate Programs

In addition to our large undergraduate Maharishi AyurVeda program, MIU’s MS in Maharishi AyurVeda and Integrative Medicine (MAVIM) has now reached 295 students, with more about to arrive.

Our MS in Computer Professionals program and our Accounting Professionals MBA have rebounded to their pre-COVID enrollments. These online programs serve mostly international students who were unable to obtain visas in 2020 due to embassy closures and travel restrictions.

Undergraduate Programs

According to Eason, our most popular on-campus undergraduate program, due to its flexibility and seven different specializations, is the BA in Applied Arts and Sciences. Its total enrollment is 109. The online BA in AyurVeda Wellness and Integrative Health is another popular undergraduate program with 208 students, including 78 new fall students and more due to arrive in February.

The greatest appeal is the uniqueness of the education itself. That’s the reason students enroll at MIU.
— Rod Eason
Honoring Vernon Katz

Our beloved Maharishi Veda Bhavan building gained new life on September 3, 2021. Under the guidance of President Hagelin, the building was restored and rededicated in honor of the University’s cherished friend and Trustee Emeritus, Dr. Vernon Katz.

After graduating from Oxford University, Dr. Katz learned Transcendental Meditation from Maharishi in 1960. Soon thereafter he assisted Maharishi in his translation of and commentary on the Bhagavad-Gītā, published in 1967. Dr. Katz commented, “The Gītā was translated and discussed on land, sea, and in the air, in town houses and country houses, by the Thames and by the Ganges, in the Alps, and on the canals of Venice. I had never known such happiness as this work with Maharishi gave me.” Maharishi commented that if it were not for Vernon’s inspiration and persistence, the translation and commentary would never have come out.

Festive with banners and posters, and newly landscaped with colorful, late-summer flowerbeds, the dedication included a Zoom connection with Dr. Katz in London. (photo: lower right)
Update on MIU in China

MIU has been offering MBA and PhD programs in China for the past three years in collaboration with two renowned Chinese universities. In the port metropolis of Shanghai at Shanghai Jiaotong University (SJTU), we have 64 students at the School of International Policy and Affairs (SIPA). SJTU is the top-ranked school of its kind in all of China. MIU is also partnered with Shenyang Jianzhu University (SJZU) in Hunan District, Shenyang City, Liaoning Province. We have thirty-six PhD students enrolled at SJZU.

In 2021 SJZU had 18,000 degree candidates and 1,560 faculty members. Their campus is impressively beautiful and in 2008 received the “China’s Model Habitat Environment” award for its streamlined facilities and human-scaled architecture that accommodates tens of thousands of people. SJZU collaborates with several other universities in other countries and attracts students from Japan, Russia, United States, Germany, Britain, Finland, Austria, Cameroon, Vietnam, Philippines, and Korea.

The first classes toward a Doctorate in Management at Shenyang started in December 2020. The PhD program had been planned as a part-time track in Shenyang along with one year of full-time study at the Fairfield, USA campus. However, due to COVID restrictions, this was not possible. For this reason, MIU’s course in the Science and Technology of Consciousness (STC) was successfully taught live by MIU bilingual professors Yunxiang Zhu and Lijuan Cai in Fairfield through the Canvas learning management system and cloud conferencing.

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On December 18, using Zoom, MIU and SJZU jointly held an online opening ceremony for a new group of PhD students who were accepted into the PhD in Management program. The photos on the following pages show the opening ceremony in China, in the company of SJZU President Yan Weidong. President Yan showed his kind regard toward MIU by highly praising our University in his closing remarks. He personally delivered the acceptance letters from MIU to each of the students enrolled in our program and took pictures with the students.

On stage on the MIU side: Vice President of Asia Expansion Yunxiang Zhu, Director of China Programs Lijuan Cai, Provost Scott Herriott, and Dean of Faculty Vicki Alexander Herriot. Due to COVID restrictions, other deans and professors from MIU were invited to join online.
Left: President Yan Weidong of SJZU addresses opening ceremony.

Right: Maharishi International University and Shenyang Jianzhu University jointly hold an online opening ceremony for a new group of PhD students who were accepted into MIU’s PhD in Management program.

Shenyang Jianzhu University campus is impressively beautiful and in 2008 received the “China’s Model Habitat Environment” award for its streamlined facilities and human-scaled architecture that accommodates tens of thousands of people.

MIU professor and Dean of Faculty Vicki Alexander Herriott addressing audience in Shenyang
Campus News, Renovation, and Beautification

2021 will go down in MIU history as the year of campus transformation. Unprecedented success of the previous year’s capital fundraising campaign provided the means to make many physical improvements. These capital investments lay a firm foundation for the future of MIU and are a sign of more good things to come. Thank you, one and all, for your generosity these past several years.

- Robert Keith Wallace Drive
- The Wege Center for the Arts
- Guest and Conference Centers
- Student Residence Halls
- Faculty and Administrator Apartments
- Yingwu Zhong Sports Center
- Swimming Pool
- Alexander and Beatrice Ross Theater

Robert Keith Wallace Drive

This central campus artery connects all of the University’s main academic and administrative buildings: the Argiro Student Center, the McLaughlin Building, Maharishi Veda Bhavan, the Dreier Building, Henn Mansion, and the Wege Center for the Arts.
The Wege Center for the Arts
Renovated Guest and Conference Center

- Lecture Hall
- Guest Room
- Kitchen and Dining

Renovated Student Residence Halls

- Student Room
- Study Center
- New Siding
Renovated Faculty and Staff Apartments

Major Campus Renovations Scheduled for This Spring

The newly named Yingwu Zhong Sports Center (formerly the Field House) has been fully funded for extensive renovations by Trustee Yingwu Zhong. Students from Maharishi School, ComPro, and our entire University will enjoy playing soccer, volleyball, basketball, and many other sports here.

A central hub of campus during the summer months—and critically important to our 500 ComPro students who study here throughout the summer—the MIU swimming pool needs extensive renovation before it can reopen.

The pool will be a major feature of our upcoming Capital Campaign.

Behold this vision of the pool's stunning transformation!
Alexander and Beatrice Ross Theater

At the north end of the Wege Center for the Arts lies a long-forgotten theater with tremendous potential as a spacious, state-of-the-art lecture hall, performance hall, and film screening site.

MIU’s dear friends Ken and Sheila Ross have stepped forward with a gracious donation to fully fund this project in 2022. Their gift is in memory of Alexander and Beatrice Ross, Ken’s late father and mother, both esteemed artists themselves.

Complete reconstruction is scheduled for April 2022 and will include:

- Brand-new deluxe theater seating for over 150 people
- New state-of-the-art lighting
- New high-end audio-visual system
- State-of-the-art, retractable, giant screen
- New flooring and undergirding to replace squeaky stage flooring
- New carpeting to help with sound and light absorption and superior acoustics for a classroom that can also serve as a performing arts stage
Diversity, Equity, and Inclusion

Statement of Intent for the City of Fairfield, Iowa

- WHEREAS, the City of Fairfield believes in and stands for values of diversity, equity, fairness, inclusion, and justice; and,
- WHEREAS, the City of Fairfield condemns discrimination based on faith, race, sexual orientation, gender identity, nationality, age, immigration status, military status, class, or disability; and,
- WHEREAS, the City of Fairfield recognizes the rights of individuals to live their lives with dignity; and,
- WHEREAS, the City of Fairfield will continue to work to ensure that everyone has the resources they need to succeed by making our city services, programs, and public spaces accessible and open to all individuals; and,

Cultural Streamcast

MIU’s Office of Diversity, Equity, and Inclusion (DEI) Assistant Director, Nahom Abegaze, launched Cultural Streamcast, a series of video interviews by alumna Desiree Monae Gibbs. Her objective was to educate MIU students, staff, and faculty about the diverse groups on campus.

Each video narrows in on a particular issue in the DEI domain, including gender, sexual orientation, politics, socioeconomic status, religious/spiritual identity, disability, age, and military/veteran issues.

City of Fairfield Diversity, Equity, and Inclusion Committee

The City of Fairfield DEI Committee was formed in the fall of 2020 with the understanding that more diversity, equity, and inclusion drives value for our community. When we are better informed about one another, we are more likely to understand and tolerate differences. Fairfield’s DEI Committee is dedicated to providing informed, authentic leadership for diversity, equity, and inclusion issues in Fairfield. Last summer, a subcommittee was formed to research resolutions and formal reports pertaining to DEI that had historically been submitted to city councilors and mayors around the state of Iowa. The subcommittee then drafted its own DEI resolution and presented it to the Fairfield city councilors and Mayor Connie Boyer in November of 2021. The proposed DEI resolution echoes the US Constitution, State Constitutions, Civil Rights Acts, and Executive Orders regarding the civil rights of every person regardless of race, color, creed, gender, or national origin. It epitomizes America’s promise of justice and tolerance for all.

For the coming year, they anticipate launching a DEI website, some DEI city-wide events, and a city-wide culture survey pertaining to DEI.

Campus-wide Campus Culture Survey

In November, in collaboration with the city’s DEI Committee, MIU’s Office of Diversity, Equity, and Inclusion administered a campus-wide survey to learn how students, administrators, and faculty feel about our campus climate regarding diversity and inclusion of all the many groups represented here. This information will help the DEI Office develop a Diversity Strategic Action Plan, and it will support research, education, and programming to advance inclusivity at MIU.

Students and Administrators by Ethnicity

Students and Administrators by Generation
TAKING RESPONSIBILITY FOR AMERICA’S COLLECTIVE CONSCIOUSNESS

2,500 Sidhas to Generate Coherence From MIU

A National Super-Radiance Program is Underway!

MIU is the preeminent educational institution providing knowledge and experience of consciousness. As custodians of this knowledge, it is appropriate that MIU take responsibility for the nation’s collective consciousness. This year, we are announcing and inaugurating the Institute for Permanent Peace to implement Maharishi’s technologies of consciousness on a grand scale, so that our US national consciousness will be maintained permanently at a very high level.
The Institute for Permanent Peace

The Institute for Permanent Peace will recreate the same deep level of collective coherence that many of us enjoyed during the 1983 Taste of Utopia conference, when 8,000 Sidhas packed the Golden Domes. And again, from 2007 to 2010, the same effect, known as the Maharishi Effect, had a profoundly positive impact on the quality of life not only for those at MIU but across the US, as indicated by FBI crime statistics and a host of other data.

The massive reduction in violent crime, homicides, and drug-related deaths during these periods was the subject of peer-reviewed studies published in prestigious journals. The Maharishi Effect—created by the square root of 1% of the population practicing Transcendental Meditation and the advanced TM-Sidhi program in a group—is the only known technology to ever impact human society at this profound level.

Unfortunately, that profoundly coherent, peaceful atmosphere dissipated as the number of Sidhas diminished. Now we are going to prevent that from ever happening again.

The Institute for Permanent Peace has a highly practical, deeply thought-out business plan to build our Sidha numbers systematically to 2,500 on a permanent basis, creating coherence, peace, and good fortune for the whole United States.
Global Peace Village

Aspirational Goal: 1,000 Vastu Townhomes for 2,000 Sidhas

Sidhas from around the country are moving to community villages adjacent to MIU, creating a new Global Peace Village. All the surrounding villages in total will provide 1,000 affordable Vastu homes.

One of the new communities will replace Utopia Park and will be owned and operated by MIU.

Current occupants of Utopia Park will be the first to move in. The remaining homes are already reserved and several hundred more people are on a waiting list.

Construction will be inaugurated May 3, 2022, which is Akshya Tritiya (“day of lasting achievements”), during MIU’s Golden Jubilee Celebrations.

If you desire not to be tossed about by the ups and downs of different values of the economy, politics, religion, and social change, the Ideal Vastu Village will provide that level of awareness, that steady level of consciousness, which will turn every situation to your advantage, which will prove the situation to be in your favor, whatever it may be to others. —Maharishi
Enlightened Leadership Program

Student scholarship funds generated by the Global Peace Village

Income from the Global Peace Village will provide enough scholarship funds to subsidize 100 student Sidhas on an exciting new academic track: the Enlightened Leadership Program (ELP).

Offered at both the bachelor’s and master’s levels, this program will train and graduate 20 to 25 future leaders for our national and international TM organizations each year.

The ELP’s wide-ranging course offerings will include deep experience of the TM-Sidhi Program; Maharishi Vedic Science and studies in the Bhagavad-Gītā, Science of Being, and Ramayana; societal transformation through group practice of Maharishi Yoga and through Yagya; communications, mediation, and negotiation skills; social media marketing; and business fundamentals including how to manage large organizations.

This special scholarship fund will support students who have demonstrated academic excellence, who have shown exceptional commitment to the development of consciousness, and who possess strong leadership capabilities. Graduates of our Enlightened Leadership Program will help launch a new generation of leaders for our global TM family.

Karen Aoki
Assistant Professor, Maharishi Vedic Science and Sanskrit

I had the pleasure of having Enlightened Leadership students in our introductory Exploring Consciousness course, on a TM Retreat, and in the Maharishi Yoga Asana course.

They were a very welcome addition to the undergraduate entry this past fall. Their natural enthusiasm for the TM and TM-Sidhi program had a noticeably powerful and positive impact on their peers who were new to everything. They took our discussions to the next level by bringing out deeper points of knowledge; but they also never appeared arrogant, nor were they out of sync with the rest of the group. They were also proactive in assisting the professors with setting up the room and cleaning up afterwards— in the classroom and on the TM Retreat. 

They are natural leaders. Please keep this program going!

Four outstanding student Sidhas are already enrolled. Meet Bennet, Melana, Žan, and Dylan.

Bennet Strauch

It simply feels good and natural to be part of the Enlightened Leadership Program. Whenever we meet, it feels right. The knowledge I get is highly valuable and can be directly integrated spontaneously into my daily life. I highly recommend this program.

Melana Strauch

The Enlightened Leadership Program is a blessing. Gaining valuable knowledge while sharing personal experiences with each other is enriching my whole course of study. I am very grateful to be part of this new program. Hopefully, I can help the program grow as much as it, in turn, contributes to my personal growth.
While the Institute for Permanent Peace is rapidly being implemented and constructed to accommodate 2,500 Sidhas at MIU, a Virtual Dome was opened online on December 1 to bolster the number of Sidhas practicing their TM-Sidhi program together right away.

Please join!
https://virtual-dome.web.app/zoom2

No registration or sign-in is required. Just enter the number of participants at your location, then click the Check-In button. You will be transferred directly to the Virtual Dome.

Meditators! Your TM meditation also produces the Super-Radiance effect! Please join the big group of TM-meditators: https://tm-meditate.org

Žan Muller
It feels significant to be a pioneer of the new Enlightened Leadership Program here at MIU, paving the way for many other students to come and experience the delight of Consciousness-Based education together with growing inner knowingness. That being said, I feel strongly that I am exactly where I am supposed to be. Nature has a path for all of us—all we need to do is take that most natural step.

Dylan MacDonald
The choice to come to MIU was such a spontaneous one, and because of that, I truly had no idea what to expect. I feel like this is exactly where I need to be for my own personal growth. Nowhere else do I feel I can get an education while expanding my consciousness. MIU is a unique place where I can focus on all aspects of life simultaneously.

Pan-American Peace Initiative

Western Hemisphere Connected in Virtual Dome

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This is the most fortunate generation ever because we have the Total Knowledge and the Technologies of Consciousness from Maharishi to create perpetual world peace through the group dynamics of consciousness.

Until we can all be together again to do our program in the Golden Domes, we fortunately have the internet to connect us together virtually.

We are already doing our Transcendental Meditation and Transcendental Meditation-Sidhi program, including Yogic Flying, twice a day anyway.

Let’s do it together at coordinated times throughout our hemisphere, exactly according to the plan Maharishi laid out for the world of global Super Radiance. It’s easy for us to do, and the results will be great.

— Bevan Morris, Prime Minister, Global Country of World Peace
Congratulations  
2021 GRADUATES

President Hagelin’s Charge to the Graduates of 2021

Commit yourself first and foremost to the development of your full unlimited potential. While you are young, this is the time to invest. Because you are young, the reward will be even greater. Always remember that your consciousness is the most precious resource in the universe. Indeed, it is the same consciousness that runs the universe.

Due to the thirst of the mind for more facts, more data, more knowledge, we want to learn, we want to develop our intellectual, relative capabilities. But all those capabilities are founded upon one thing—that most precious ingredient of life: our own consciousness. So drink deep from the well from where all that intellect, that creativity, that intelligence come. Exposing ourselves to that deep inner reality will not only deliver from great fear and fatigue, it will fuel you, it will support you, it will guide you at every turn to make the best choices so that really great things can be achieved. And when you leave here, keep taking those deep dives within. Become anchored in supreme fulfillment—anchored in what you truly already are. Become awake to your full reality. And you will thereby make your community and your country truly proud, and we will automatically have a better world.

Transcendental Meditation gives us a new definition of emancipation.

—Yolanda Lewis-Ragland, Keynote Speaker

Yolanda Lewis-Ragland was awarded a Doctor of Science honoris causa from MIU in recognition of her dedicated and excellent work toward ending healthcare disparities in the United States.

Yolanda Lewis-Ragland is a member of the Board of Directors at the David Lynch Foundation, promoting teaching TM to African Americans with hypertension. She is owner and CEO at Dr. Yolanda Concierge Weight Loss Services for doctor-guided weight loss, and has a general practice at Meridian Medical Associates, Maryland, and a pediatric practice at Children’s National Medical Center, Maryland. Formerly, Dr. Ragland-Lewis was Medical Director of Optifast Weight Loss Program at the Women’s Wellness Center in Washington, DC. Originally from Seattle, she has been practicing Transcendental Meditation for nearly 40 years.

In her lively and inspiring address, Dr. Lewis-Ragland said, “Transcendental Meditation gives us a new definition of emancipation. Imagine if the people of the past had been exposed to Consciousness-Based education (CBE) from the start!—what a different national history we would’ve had. CBE gives us a new definition of emancipation: the emancipation of truth, of inclusion, of equality, setting our country truly free—from that which divides us—by becoming aware of that which connects us.

“CBE removes the impulse for any group to claim superiority over another. Indeed, it helps us rid ourselves of the limitations of toxic ideologies and relationships. With it we break free from the shackles of the negative past. We break free from all that ignorance, the ignorance of our underlying unity, so that we can fully participate in this world knowing the beauty of who we are, the power that we harness, and the connection that naturally exists between all of us and nature.”

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Honorary Doctorate Degrees

Jeffrey Abramson

“Lead by your own goodness, and miracles will happen in your life. Society follows leaders like you: those who propel it forward by raising the dignity of all. World peace will come.”

Trustee Jeffrey Abramson, who is stepping down as Chairman of the Board of Trustees this year, received a Doctor of World Peace honoris causa for his lifelong dedication to improving the human condition and specifically for improving MIU students’ quality of life as well as taking important steps in protecting our planet.

Rena Boone

Rena Boone received a Doctor of Education honoris causa for her lifelong dedication to education, integrating the TM technique with teaching and methods of Consciousness-Based education. She has been an active teacher of TM for over 40 years as well as a classroom educator and consultant, devoting her life to transforming education through the holistic development of students. Currently Ms. Boone is Executive Director of The Meditation Center at THE ARC in southeast District of Columbia. She also serves in the David Lynch Foundation, helping prevent the epidemic of toxic stress and trauma which undermines health and well-being in underserved communities. The MIU Trustees are deeply honored to welcome her as a member of the Board of Trustees.

Zhang Gaocheng

“When Dao (unity of life) is present, world peace will prevail.” Zhang Gaocheng received a Doctor of Computer Science honoris causa for his dedication to promoting knowledge of Dao, the unified field of all the laws of nature theorized by modern physics. As an MIU alumnus in computer science, when Zhang returned to China he rebuilt the entire southern section of the Daoist organization. He is also a master of the I Ching, or “Book of Changes,” one of the most influential books in the Chinese canon. For over 3,000 years the I Ching has been consulted around the world for insight into human nature and prediction of likely future outcomes. Master Zhang also served as secretary for the First World Congress of Daoism.

Commencement Speakers

Valedictorian Jessica Mauro

Salutatorian Anne Dietrich

“Change can be scary, but as Maharishi said in Science of Being and Art of Living, ‘Eternity pervades every moment of transitory existence.’ So, take courage and embrace the wholeness that is in every step. Embrace the wholeness of who you really are at every moment! Stand firm in knowing we can accomplish our greatest vision for humanity; because we are a reflection of the living universe—a vessel whose purpose is to create, transform, and evolve.”

Salutatorian Anne Dietrich

“The world will certainly time and again call upon us to do things that we don’t feel prepared or qualified for. Success will come to us by our purity of intention and our ability to operate on the fine level of feeling—which brings the infinite organizing power of nature. Plato spoke of educators as ‘gardeners of the soul.’ I think MIU is the most precious garden in the world.” Ms. Dietrich then presented the class gift: beautiful shade trees to be planted campus-wide to reflect the beauty of our inner garden of the soul.
SEARCHING FOR
DARK MATTER
Encouraging signs!

Kent Kachejian, an MIU doctoral candidate this year, interviewed President Hagelin about the progress of his team’s research on dark matter.

Kent: Dr. Hagelin, last year your science team set up a lab equipped with state-of-the-art scales and computers to research dark matter, and we’re curious to know what progress has been made. But first, would you briefly remind us what this mysterious dark matter is?

Dr. Hagelin: Dark matter is the term scientists use to describe particles we cannot directly see. These particles do not absorb or emit light, even though they have mass. Dark matter is essentially invisible to us and passes right through us. We only know of its existence by its gravitational effects. The first evidence for dark matter came in the 1960s, when astronomer Vera Rubin showed that visible matter could not account for the observed rotational velocities of stars. Her finding implied that either some invisible (i.e., “dark”) form of matter exists or that the laws of gravity and general relativity are wrong—which seemed unlikely. Since then, calculations have shown that dark matter composes a whopping 90% of our galaxy and 80% of the universe. Since Rubin’s discovery, scientists around the world are eager to better understand the characteristics of dark matter, and to figure out what it is—where it comes from, and how it fits into our physical picture of the universe.

One leading theory holds that dark matter is a weakly interacting massive particle (WIMP) —it interacts via the weak force, one of the four fundamental forces in nature. But the standard model of physics today, the highly successful unified electroweak theory, does not include such WIMPs. In my published research, I’ve shown that “supersymmetric extensions” of this standard model do include a WIMP particle—and this has been the predominant theory of dark matter ever since.

Dr... despite its predominance, that theory is actually rather boring. Why? Because WIMPs are SO weakly interacting that they are virtually impossible to see—and have escaped detection for 35 years now, despite a multibillion-dollar effort. And furthermore, even if we do eventually succeed in detecting one, they are of no practical relevance to life: their interaction with planet Earth is far too weak.

My team is now pursuing a second, equally viable dark matter theory that involves electrically charged particles, which interact via the electromagnetic force—which is billions of times more powerful than the weak force. We call these microcharged dark matter (mcDM) particles because their electric charge is tiny—a million to a billion times smaller than an electron’s. Although that charge seems tiny to us humans, who are made of normal matter, these particles would interact with each other (with their own kind) with much greater strength. As a consequence, they would attract each other and clump together to form invisible objects, planets, stars, even dark matter galaxies. The astrophysical

What is the universe made of?
About 80 percent is dark (unseen) matter.
If microcharged dark matter truly exists, it would be attracted to the human body. It could surround us like an invisible cloud, like a halo with its own very lively dynamics.
DOSHI CENTER FOR INTEGRATIVE MEDICINE

Launched in West Los Angeles

MIU is now the proud owner of a two-story apartment building at 2825 S. Sepulveda Blvd. in West Los Angeles, home to our new Doshi Center for Integrative Medicine. This satellite clinic will allow hundreds of students in our BA and MS programs in Maharishi AyurVeda and Integrative Medicine to complete their one-week intensive practicums without traveling to MIU. The Center was a gift from LA residents Navin and Pratima Doshi, who love MIU and wanted the University to “be closer to home.”

Event Highlights

- Introduction by John Hagelin
- Remarks by Navin and Pratima Doshi
- Robert Schneider, MD, Dean of MIU College of Integrative Medicine
- Paul Morehead, Director of MS Degree Program
- Anitha Garlapathi, MD, Clinical Professor
- Brian Rees, MD, Adjunct Clinical Professor
- Anita Misra, BA, MS, Clinical Instructor
- Maharishi AyurVeda Integrative Medicine students, represented by Carole Strunk, expressing their appreciation to Navin and Pratima Doshi
- “Unity” – a poem by Navin Doshi, musically arranged and performed by Tara DeSantis, accompanied by Manali McCarthy (the Doshis’ granddaughter)
- Closing remarks by John Hagelin

Currently the Doshi Center is offering health and wellness consultations every Monday to Friday, providing easy access for everyone on the West Coast. These consultations include an integrated health evaluation and recommendations for self-care and daily routine. The Center’s resident physicians are John Zamarra, MD, a long-time cardiologist and Los Angeles resident; and our own world-renowned Ayurvedic expert (Vaidya) Manohar Palakurthi, who studied extensively under the guidance of Maharishi Mahesh Yogi. The two physicians meet jointly with patients and students, providing best practices from both Western and Eastern approaches. They supervise, and provide training in the practice of integrative medicine.

From this new Doshi Center, we hope to see our MIU graduates spread out across the world to bring health and wholeness to people everywhere.
The curriculum for the Doctors Fellowship program, which will provide training to physicians and other licensed primary care providers, was submitted to the American Board of Integrative Medicine in December 2021.

The textbook is comprised of chapters from an international panel of experts, overseen by an editor with the unique qualification of fluency in the languages of the ancient Indian Ayurveda texts and of modern medical science. The new textbook will bring the complete and restored knowledge of Ayurveda to a new and receptive audience. Never before has this knowledge been available in a single, comprehensive text.

MIU is one of only two accredited integrative medicine training programs for doctors in the US—alongside the Andrew Weil Center for Integrative Medicine in Arizona.

As of this year, MIU will be partnering with the Weil Center as a collaborator and co-promoter of our own Integrative Medicine and Maharishi Ayurveda program, thus providing MIU with some core curricular elements required for accreditation while we provide for both institutions the majority of the curriculum, which is focused on Maharishi Ayurveda in its purity.

Once doctors complete their training at MIU, they will very likely want to hire our Maharishi Ayurveda and Integrative Medicine (MAVIM) graduates—a great many of whom also plan to become TM teachers—to assist them in their professional practices. For example, MAVIM graduates could assist in patient diagnoses, herbal recommendations, lifestyle counseling, and TM instruction. Our MAVIM graduates will have deeper and longer training and will be able to handle the time-consuming aspects, such as lifestyle counseling and TM instruction, that the medical doctor won’t personally have time for.

MIU was the first accredited university in the US to offer a bachelor’s and master’s in Ayurveda. Medical doctors from across the country coming to MIU for their integrative medicine training through this new Fellowship Program, will further distinguish MIU within the medical profession.
Gene Expression Study: Major Differences in TM Practitioners

It is widely known and accepted that stress in the physiology can overload adaptive mechanisms, leading to epigenetic effects harmful to health. Research on the reversal of these effects is therefore extremely important.

This year a cross-sectional study by Supaya Wenuganen was published in a special issue of the peer-reviewed scientific journal Medicine, “The Future of Medicine: Frontiers in Integrative Health and Medicine,” www.mdpi.com/.

This study, “Transcriptomics of Long-Term Meditation Practice: Evidence for Prevention or Reversal of Stress Effects Harmful to Health,” was a comparison of gene expression in over 16,247 genes and loci (gene locations) in long-term (38 years) Transcendental Meditation practitioners and a tightly-matched non-TM-practitioner control group. Two hundred of these genes met the strict criteria for differential expression between the two groups.

The most pronounced differential expression was related to immune function and energy efficiency. In particular, 49 genes known to be associated with inflammation were down-regulated in the meditator group. And genes known to be antiviral and antibody components of the immune system were up-regulated in the meditators. In layman’s terms, the TM group’s immune components of the immune system were up-regulated in the meditator group.

The researchers examined whether studying in a Consciousness-Based education institution influenced college students’ mental and physical health. The Duke Health Profile survey was used, assessing eleven areas of mental and physical health, both as entering freshmen (2008-2014) and at graduation. The archived data was analyzed from 2019 to 2020.

Ms. Loielle used ANOVA (“analysis of variances”—a statistical examination of the differences between the two groups) for differential expression between all eleven subscales. The results revealed significant increases in physical, mental, and perceived health (p<.017) and self-esteem (p<.001), and significant decreases in anxiety, depression, and anxiety-depression (p<.001). There were no significant group effects on pain, disability, or social health.

All students surveyed spent 2 to 3 years at MIU and had participated in at least one daily practice of the Transcendental Meditation technique. They had access to counseling and received a variety of healthy lifestyle recommendations, and ate fresh organic vegetarian meals in the dining hall.

Consciousness-Based education was found to buffer the negative physical and mental effects of stressful college years, lowering anxiety and depression while improving self-esteem and general health. The study concludes that Consciousness-Based education presents an effective alternative for educators and administrators to consider in assisting students to combat the stress of college years.
Stuart Tanner’s Documentary
Peace with Nature in Costa Rica

Official Selection of Multiple Film Festivals This Year

His newest film, Peace with Nature in Costa Rica, is an official selection of multiple film festivals this year, including the Wildlife Conservation Film Festival, the Catalina Film Festival, Real Heart Film Festival, San Pedro Film Festival, and the Southampton International Film Festival.

Tanner documents how a combination of good governance, grassroots projects, innovative environmental policies, and valuing biodiversity have contributed to the long-term health and wealth of Costa Rica.

In the 1980s Costa Rica was on the verge of losing its forests and biodiversity and heading toward becoming another country in a long list that had its natural resources exploited without tangible benefits for its citizenry. Yet over the last three decades, Costa Rica has restored its bounteous forests while providing employment and financial security for its people.

How they did it shows a path for other countries to follow, protecting their natural resources and simultaneously providing widespread employment at livable wages.

The film features Jane Goodall, renowned primatologist, anthropologist, and environmentalist; and Randall Tolpinrud of the Pax Natura Foundation, who has been working on conservation initiatives in Costa Rica since the 1990s. Cinematography was provided by faculty member Cody Olivas, and sound by MIU alumnus Donald Revolinski.

Costa Rica is an inspiration to us all. They are restoring their forests, protecting their biodiversity, and creating a sustainable future for their people. It’s an important story that everyone should see.

–Jane Goodall, PhD, DBE

Professor Ayako Huang has been participating in the Sustainable Mindset Group offered by Principles of Responsible Management Education platform, a United Nations-sponsored initiative that aims to raise the profile of sustainability in schools around the world.

Huang shared her experience of MIU’s Consciousness-Based education as relevant to classroom and school management and, after she completed the Sustainability Mindset Certification, was invited to contribute a chapter for a new textbook, Revolutionizing Sustainability Education, Stories and Tools of Mindset Transformation.

There is growing awareness among management scholars and practitioners that merely understanding global problems is insufficient to affect lasting engagement and more sustainable behaviors. Research indicates that to impact behavior, something deeper, the “mindset” of the individual and of the collective, has to shift. This begs the question: How do you shift a mindset?

A sustainability mindset is a way of thinking that results from (1) a broad understanding of the ecosystem, (2) social sensitivity, and (3) an introspective dive within oneself to discover the Self. That inward dive expresses spontaneously in behaviors for the greater good.

Rather than manipulating circumstances to achieve an external goal, the book’s theme suggests bringing knowledge of one’s Self into the equation. Students will thereby better understand their place in the global ecosystem and understand their potential impact on the environment.

Editors Ekaterina Ivanova and Isabel Rimanoczy are, among other scholarly distinctions, conveners of the PRME Working Group on Sustainability Mindset, which is a co-hort of over 170 academics from 165 universities on five continents. The textbook is available from Routledge Press.
Invaluable support was provided by MIU students Vikram Gulati, Meagan Anderson, Natalia Fernandez, and Michael Morera.

The theme of the conference was “Mapping the Path to Oneness and a Flourishing Humanity.” Among the more than ninety speakers were Dr. Tony Nader, John Hagelin, David Orme-Johnson, Fred Travis, other MIU faculty, and international educators and researchers.

Conference topics were management, Ayurveda, quantum physics, the Vedas, the arts, consciousness, education, and sustainability.

The conference distilled three principles for achieving its goal: (1) consciousness is the primary driving force in the universe; (2) love and compassion are necessary to function in a global society; and (3) expanding individual boundaries and developing consciousness are the foundation of human development.

The conference was co-sponsored by the Academy of Management, a professional association for scholars of management and organizations, established in 1936, that publishes several academic journals, organizes conferences, and provides forums to communicate research and ideas. A third co-sponsor was the Management, Spirituality, and Religion organization, whose vision statement is “Human flourishing and global consciousness that illuminate, and are illuminated by, spiritual and religious dimensions of life in management research, teaching, and practice.”

Big conferences like this do a great deal to increase MIU’s profile in the global academic community and provide new knowledge about leadership. Conference sessions can be viewed on YouTube.

On May 21–23 MIU’s College of Business Administration hosted a three-day virtual conference on Consciousness-Based Leadership and Management. Close to 1,200 attendees from 400 cities around the world registered for the event, which was the brainchild of Professor Anil Maheshwari and which he co-directed with Professor Dennis Heaton, Dean of the College of Business Administration.

Mapping the Path to Oneness and a Flourishing Humanity

Professor Anil Maheshwari, PhD
Professor Dennis Heaton, PhD
Tony Nader, MD, PhD, MARR

Renuka Mohanraj Honored for Outstanding Research

Professor Mohanraj has been teaching at MIU since 2014 and loves it. “I am so satisfied and very happy to be a part of the MIU community,” she says. “Co-workers are so kind-natured and supportive, the students are wonderful, management is excellent, and the environment is low-stress and peaceful. It’s a wonderful place to live a healthy life.”

The MIU Computer Professionals program, she says, is teaching the world’s leading software technologies, and her students go on to high-paying careers. Some quotes from a recent (anonymous) student survey:

“This class helped me realize how much mobile app development has advanced beyond my experience with Java; but with the support and dedication of Dr. Mohanraj, I was able to grasp a thorough understanding in the design and programming of Android apps. Her course was extremely well presented, the coding demos were very helpful, and I have since been able to create Android apps on my own.”

“Professor Mohanraj’s class changed my perspective about Android app development. The knowledge I have now has really been a powerful stepping stone for me.”

“I had heard about her class and then discovered for myself that all the complimentary buzz was spot on. Each lesson was well thought out and well-detailed, and she even followed up with each student to make sure no one was left behind!”

Her research was published in the Global Journal of Computer Science Technology. In her paper she presents an algorithm she designed as a potential solution to the problem of security threats to wireless sensor networks in the rapidly expanding field of the Internet of Things.

As a result of her research, she was also invited to give the keynote address at an international virtual conference, “Bridging Innovative Trends in Mathematics, Engineering & Technology.” The title of her address was “Internet of Things for Android.”

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Associate professor Renuka Mohanraj, PhD
The study showed that the Transcendental Meditation technique has substantial published evidence for reducing stress, high blood pressure, insulin resistance, carotid atherosclerosis, cardiovascular disease hospitalization, clinical events, and mortality.

Research on other approaches to meditation shows a narrower range of benefits. MBSR is mildly effective in reducing stress and cigarette smoking, and it has some positive impact on reducing blood pressure. Studies on yoga show promising results on insulin resistance and carotid atherosclerotic disease. However, the review did not find enough evidence on effectiveness of other meditation techniques, e.g., Zen and Qigong, to suggest impact on cardiovascular disease, insulin resistance, clinical events, mortality, etc.

Conclusion: The Transcendental Meditation technique is the most recommended approach for prevention of cardiovascular disease.

The age-adjusted mortality rates for heart disease and stroke remain highest in African Americans among all ethnic groups in the US. African American adults have a 20 percent higher mortality rate from cardiovascular disease as well as higher rates of cardiovascular disease hospitalization, clinical events, and mortality.

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Conclusion: The Transcendental Meditation technique is the most recommended approach for prevention of cardiovascular disease.

The study followed 304 people randomly assigned to either a TM or a "health education" group and recorded their blood pressure periodically for 36 months. None of the participants had a history of cardiovascular disease.

We already know that 40% of individuals with "high normal" blood pressure will develop hypertension within two years, and 63% become hypertensive over four years. The new research results suggest that TM practice by people with slightly elevated blood pressure can contribute to the prevention of hypertension, cardiovascular disease, and related health disparities in high-risk populations.

The study was a collaboration between MIU’s College of Integrative Medicine and the Department of Medicine of the Medical College of Wisconsin at Milwaukee. It was supported by a grant from the NIH’s National Heart, Lung, and Blood Institute.
Manisha Mittal

**Passionate About Integrating Western Medicine with Ayurveda**

MIU student Dr. Manisha Mittal grew up in India in a family of doctors. Watching her parents practice medicine inspired her to follow in their footsteps and study Western medicine. While in medical school, she lost her brother in an accident, which furthered her desire to practice medicine. At the same time, her experience of grief propelled her on a spiritual journey to find the meaning of life.

Manisha completed her internal medicine residency at Columbia University Irving Medical Center Hospital and her fellowship training in rheumatology patients and offers consultations and workshops in Ayurvedic diet and lifestyle. She also co-hosts a wellness segment on the local news program Central Valley Today.

The Transcendental Meditation technique was incorporated into Ayurvedic ice cream. She partnered with a local organic dairy farm, designed the labels and the packaging, and started manufacturing her Golden Ice-Spice ice cream.

Manisha is passionate about integrating Western medicine with Ayurveda, emphasizing the role of consciousness in maintaining a balanced life. She is currently writing a book about the connection of spirituality and medicine that will include simple everyday practices for healing, empowerment, and self-realization.

Motsei Masilo

**Finding Meaningful Education**

Motsei Masilo is about to finish her online MBA degree and has already been accepted into the PhD program in management. Motsei attended the University of Cape Town and earned a bachelor’s degree in social science psychology. For twenty years she worked for Roche Pharmaceuticals in various HR and management roles in South Africa, Europe, and India. She has also served on the boards of several organizations.

When her employer became a sponsor for the Maharishi Invincibility Institute in Johannesburg in 2015, Motsei learned the Transcendental Meditation technique and fell in love with it.

During her career Motsei has attended a variety of leadership training programs, but she had always dreamed of pursuing an MBA. When she left Roche in 2019 she had no doubt she wanted to enroll at MIU, which she did in 2020. Motsei enjoyed the classes so much that she got up at 2:00 a.m. twice a week to participate in the classes happening live at MIU’s Fairfield campus.

“For the first time, I felt school had a meaning,” she said. “I realized how important it was to get immersed in one subject at a time. I also appreciate how the teachers have an interest in you getting a good grade and they encourage you to do better.”

During her studies at MIU, Motsei also gained a deeper understanding of the Transcendental Meditation technique and was able to incorporate its regular practice into her routine. “I could tell the difference,” she said. “I was more relaxed. Even stressful things were not stressing me anymore. I became more insightful and creative in a different way than I was before.”

While pursuing her education, Motsei started an HR consulting business. One of her clients is the Maharishi Invincibility Institute, where she is helping to start a career center designed to prepare students for the corporate work environment from the moment they begin their studies. In the long run, Motsei’s goal is to add sustainability to her consulting business.
Tam Van Vo

MIU is a Good Fit for His Already Advanced Education

MIU student Tam Van Vo had already earned a master’s degree in computer science and a PhD in information and communication at the Toyota Technological Institute in Japan. He had worked for multiple companies in Singapore and his homeland of Vietnam as a data scientist and machine learning engineer. He also had an academic career teaching at both Nanyang Technology University in Singapore and his alma mater in Vietnam.

But Tam wanted to advance his learning by studying abroad and liked the practical focus of the ComPro curriculum offered at MIU. He enrolled here and has found MIU to be a good fit to supplement his already advanced education. “My doctoral education focused on research and theoretical problems,” said Tam. “In contrast, at MIU the computer science master’s program has been more practical. It helped me improve my tech skills and gain knowledge in cutting-edge technologies like big data, microservices, and machine learning,” he said. “But equally important, my time at MIU has helped me improve my soft skills, my social intelligence, my interpersonal skills.” Tam especially gives a nod of appreciation for the course on “Leadership for Technical Managers” taught by Professor Jim Bagnola, in which he discovered that for success in the job market, social intelligence defines a job applicant far more than quantitative intelligence. “With artificial intelligence and automation making many hard skills obsolete, social intelligence is increasingly valued in the workplace,” he said.

In this regard, the practice of the Transcendental Meditation technique was an important part of the curriculum. Says Tam, “I really enjoy this effortless meditation technique. It helps me grow my awareness of others. I am like a sponge soaking up knowledge of people, places, and things. Everywhere I go I’m observing so much more and connecting the dots. And I feel so relaxed about it. I’m finding that being in a relaxed state plays a big role in the ability to absorb information.”

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Jenna Doran

Sign Language Interpreter, Sustainability Advocate

Jenna Doran has been a sign language interpreter in the Moline, Illinois, school district for ten years. Her job involves working with and interpreting for one deaf or hearing-impaired student all day. For each child, she facilitates communication with teachers and administrators and helps integrate the hearing impaired child with their class peers.

Jenna enrolled at MIU in August 2019, pursuing several tracks, and graduated this year (2021) with a major in applied arts and sciences and a minor in sustainable living.

“Studying at MIU has helped me get to know myself more fully,” said Jenna. “I have a deeper experience and connection with my students and I am enjoying my job even more.” The practice of the TM technique plays a large part in her ability to give to others. “I realized how smoothly my workday goes when I practice twice a day. As a fuller, more happy and aware human being, my heart and mind overflow and it’s just natural to give my all to each situation and each student.”

Jenna has a special concern for the environment, especially recycling to reduce waste. Last year she began a campaign to encourage the use of washable lunch trays, instead of using single-use Styrofoam, at her stepson’s high school. She talked to the school board and called 30 similar schools about their practices, resulting in many of the high schools, including her stepson’s, switching to washable, reusable trays.

Jenna is also particularly interested in composting. She worked with Iowa Waste Exchange to find a way to compost the food waste at the school where she teaches.

“I think it’s fascinating that everything returns to where it came from and then continues in another form to help other things grow,” she said. “It’s strange that we discard things in the trash that goes to a landfill, when it could go back into the ground. It also costs a lot of money to cope with all the collective waste matter, if we don’t recycle back into the soil.”

After completing her bachelor’s degree, Jenna plans to enroll in MIU’s MBA in sustainable business.
Montreka Dansby
Enthusiastic About Educating and Inspiring

MBA student Montreka Dansby has a background in food and nutritional sciences and biomedical sciences. She received her PhD from North Carolina State University and her research focused on the biological and anti-cancer properties of dietary phytochemicals.

She completed the Fellowships in Research and Science Teaching (FIRST) postdoctoral program in the Department of Physiology at Emory University School of Medicine and in the Department of Pharmacology and Toxicology at Morehouse School of Medicine in Atlanta, Georgia.

Montreka learned about the Transcendental Meditation program and Fairfield from watching an Oprah special in 2012. She was so impressed that she went to MIU and joined a week-long women’s conference at The Raj Ayurveda Health Spa where she learned the TM technique, toured the MIU campus, and met people she liked. She considered attending MIU but due to work obligations, she could not.

In 2017, however, she learned about the online MBA program and the rest is history. Or should we say her story? Montreka is enthusiastic about educating and inspiring people. She aspires to motivate others to be their best authentic selves and reach for their highest goals. She is passionate about nutrition and wants to increase awareness about the relationship between agriculture, nutrition, and the environment. "I would like the next generation to appreciate and embrace agriculture," she said. In her free time, she loves gardening and being outdoors.

The information I have learned in my MBA classes has helped me significantly in making decisions and preventing and solving conflicts. I like to focus on respect, forgiveness, humility, and love. I grew up with those values and MIU has added structure to that foundation.

She also finds that her TM practice helps her stay calm in stressful moments. "It’s easy to get caught up in what’s going on, but TM helps me stay in balance; it defines my day," she said.

Montreka Dansby

Abdul Khalik Mokhtar

“Consciousness-Based education has helped me become a better filmmaker.”

Abdul Khalik Mokhtar was born in Azerbaijan, came to the US as a child, and grew up in Des Moines, Iowa. He inherited a love of the performing arts from his theater-trained parents and acted in stage productions throughout middle and high school. He dreamed of becoming a filmmaker and studied the works of David Lynch, which led him to discover MIU. He attended a Visitors Weekend in the summer of 2019 and enrolled that fall in the Cinematic Arts and New Media Program.

Abdul likes the small classes at MIU, where students can develop a stronger connection to their professors, each other, and the subjects under study. He enjoys collaborating with other students and forging strong friendships.

In the summer of 2020 Abdul had the opportunity to make a short documentary about MIU alumnus Radim Schreiber, who has won multiple awards for his photographs of fireflies. Abdul filmed and edited the documentary within one month, with the help of MIU cinematography alumnna Nina Ziu, who provided aerial photography, and Professor Amine Kouider, who produced the film.

Recently Abdul had his first paid assignment as a production assistant on an independent feature film shot in Bentonport, Iowa. "Working on a film set was something I have always dreamed about, and it was very rewarding."

Abdul is graduating in spring 2022 and plans to move to New York City to pursue acting and independent filmmaking.

Abdul Khalik Mokhtar

Consciousness-Based education has helped me become a better filmmaker.
On her way to Hawaii, Katherine made a stop at MIU and spent a memorable weekend. A few years later she learned the Transcendental Meditation technique and, when she decided to return to school, she joined MIU’s online Bachelor of Applied Arts and Sciences program. Over the past few years Katherine has been working on a book based on the family stories she has collected from her father. When she took a course on cinematography, she decided to switch majors and tell her tale through film.

Katherine’s classes have been instrumental in giving her direction on how to bring her stories to life. “Because every class is project based, each class was supporting what I already wanted to do,” she said. In Crete and sent in a wooden barrel across the sea to Turkey, where he eventually became a guard of the sultan. Later he was imprisoned in a war camp, from which he escaped by sea to Lebanon. Katherine has recently taken a trip to Lebanon to interview relatives and film the locations of her father’s narrative.

The film explores intergenerational trauma and heroism, the idea that the emotional experiences of our ancestors get passed down to subsequent generations. Katherine says her TM practice of five years and the online TM retreats offered by MIU have made a tremendous impact on her personal growth and creative expression. “There is less inhibition, and there is an ability to focus and persevere, to follow the idea into creation,” she said. “It’s also easier to be myself in the world.”

Faqir Khan
Passionate About Gaining the Latest Knowledge in Technology

Faqir Khan earned his undergraduate degree in computer science from the University of Lahore, Pakistan, and has continued to pursue his education in project management and IT through international certifications. He began to specialize in Agile Management Methodology, and when he wasn’t able to pay for a course he offered his work as payment. He became the youngest certified Agile coach in Pakistan and consulted with many companies internationally. “I am passionate about gaining the latest knowledge and trends in technology,” he said. “I am a risk taker and I am excited to do new things.” Faqir realized that his specialized skills made him more valuable to clients, and he wanted to help others achieve similar success. In 2019 he started a non-profit company to train others how to be adaptable in highly competitive business environments. “I faced the same challenges when I started, so I am doing this for free,” he said.

Due to the pandemic, companies in Pakistan were downsizing, so Faqir switched to coaching people in resume writing and interviewing. Using his networking skills, he helped over 2,000 people find jobs in the IT sector with firms outside Pakistan. He is especially proud of assisting many women, who face far more hurdles than men in the job market.

In 2020 he and a friend both enrolled at MIU; Faqir is currently pursuing an MBA in SAP Enterprise Resource Planning and business analytics. Faqir appreciates Consciousness-Based education and the depth of Maharishi’s knowledge. As an advocate of continuous self-improvement, he has already experienced significant personal changes as a result of regular practice of Transcendental Meditation. “I see myself as a different person now,” he said. “I have more focus, and even though I am very busy, I don’t feel any pressure. It’s wonderful to feel so free and yet so focused.”

Faqir is currently working on a research article on the impact of digital transformation on organizational sustainability and believes MIU is uniquely positioned to take the lead in this area and to consult for other institutions.
The Whole World Is My Family

At Maharishi School we believe that the world is our family. We are committed to the honoring of diversity in and out of the classroom, through the systematic development of human potential by incorporating the Transcendental Meditation technique and an integrated application of Consciousness-Based principles. We apply social-emotional learning and evidence-based strategies from the field of Diversity-Equity-Inclusion research.

We explore and celebrate the many positive experiences and viewpoints that diversity in all its forms brings to our school community including, but not limited to, ethnic, socioeconomic, gender, sexual orientation, citizenship status, physical ability, learning style, and religion.

We place the safety and well-being of students foremost in policy and action, including those community members who may need additional support. We do not tolerate discrimination, harassment, threats, or bullying. We remember that each member of the school community has their own unique lived experience. We listen to understand, and to learn.

—Richard Beall, Headmaster

Shristi Sharma
Wins Prestigious Scholarship

When Shristi Sharma crossed the stage in Henry Ogden Clark Auditorium last June to receive her diploma, she left a remarkable legacy from her years of achievements and service to school and community.

A multiple champion in the State Science Fair and a competitor at the International Science and Engineering Fair, Shristi also won recognition in MIU’s Shark Tank contest for entrepreneurial design. She received national honors for volunteer teaching at Girls Who Code and she skillfully guided our Student Council through the tumultuous COVID year of 2020-21.

Perhaps her greatest accomplishment came after a prolonged screening and interview process when she was named as a recipient of the highly prestigious Robertson Scholars Leadership Program at the University of North Carolina and Duke University, including full tuition and fees. Shristi will attend and benefit from both universities as a condition of the Robertson Scholars Leadership Program.

In November 2021 a poem she wrote won first place, with a prize of $5000, and a trip to Washington, DC, in the Indian American IMPACT Project poetry competition which will be published in Brown Girl Magazine.

All Hands On Science Education

“Science and everyday life cannot and should not be separate.”

That message by Rosalind Franklin, who designed the technology to reveal DNA’s double helix structure, greets guests to our STEAM (science, technology, engineering, arts, math) facility on the Maharishi School campus.

The School’s science teachers are committed to hands-on learning for all students. Sheila Higgins, alumna (class of 2008) and middle school science teacher, describes: “The primary goal of science is to develop curiosity and confidence in inquiry-based settings, so our students become creative problem-solvers and innovators in our changing world. I love to guide my students’ process of exploration, to watch them discover different pathways to new solutions.”

Sheila’s students form 3-D models of cells, design original insulating cups (for their hot chocolate!), or solve the “mirror image challenge”—routing a laser beam through barriers to reach a target.

The primary goal of science classes is to develop curiosity and confidence in inquiry-based settings, so our students become creative problem-solvers and innovators in our changing world.—Sheila Higgins, Middle School science teacher

In 2021, www.niche.com named Maharishi School the #1 Best High School for STEM education—out of 83 other Iowa schools. That’s a welcome and powerful endorsement of the magic that happens when our teachers prepare real-life challenges.

Pradeep Aiker’s students design miniature solar-powered vehicles, measure distance through sound waves (claps or thunder), and build parallogram devices to study forces and momentum.

Asha Sharma’s students break down their own pregnancy over nine months of the school year, learning about embryo development and prenatal care.

Three of her students participated in the Virtual Medic Mentor program in the UK to experience real doctors treating real patients in an Emergency Room.

Academic Director Kaye Jacob comments, “STEM education is crucial to inform students about cutting edge technologies, to access reliable information, and to see themselves in these careers that will define our world in the future.”
Our Alumni Are Everywhere!

How One School’s Alumni Are Serving Throughout the Many Global TM Organizations

Look anywhere among the young teachers and administrators of the TM organization and you will find Maharishi School alumni. Whether as teachers, accountants, or digital marketing experts, they have played an indispensable role in bringing Consciousness-Based technologies to the world. Maharishi School alumni have held important positions in all of the following TM organizations and institutions:

- Maharishi School
- Maharishi International University
- David Lynch Foundation
- Maharishi Foundation
- Mother Divine and Purusha
- Maharishi Invincibility Institute, South Africa
- Maharishi European Research University, the Netherlands

And nearly all the alumni featured here continued their education at Maharishi International University. We’ll let them tell their own stories.

Eliana Freeman (1999): As an accountant at the Maharishi Foundation, I enjoy utilizing all my lessons from my time at Maharishi School—but especially the critical thinking I developed through studying the Science of Creative Intelligence.

At the Maharishi Foundation, I enjoy the sense of community. Even more than that, though, I appreciate the overall kindness and mutual respect shared throughout the TM organization.

Gyan Shrosbree (1992), Genevra (Daley) Bell (2005), and Hilary Nelson (2003) are all teaching in the MIU Art Department. Gyan comments, “Maharishi School encourages and cultivates creativity and individuality. The small community allows students to be seen and to shine. This kind of confidence building from an early age is helpful in life and a good platform to draw from in working with students.”

Emily Fitz Randolph (2002) has been teaching TM in Los Angeles and Santa Monica since 2019 as the co-director of the Santa Monica TM Center and more recently as director of the Los Feliz TM Center.

“I am deeply fulfilled by guiding students toward their experience of the Self. In these highly stressful times, it is so important to have an anchor to that non-changing Absolute state that exists within. In my few short years of teaching, many people have expressed their gratitude and awe at finding that it is natural for the mind and body to settle and enjoy transcending so easily. So many of them have also had truly tangible and life-changing results like normalized blood pressure, relief from anxiety and depression, and the waking up of latent desires and ambitions that now have room to be fulfilled. It is a joy to bring peace to people every day and experience my own expanding consciousness as a happy byproduct.”

Sarah Sica (2002) is Director of Programs for the David Lynch Foundation in New York City.

“feel lucky that my parents decided to move to Fairfield so that my sister and I could attend Maharishi School. I loved being able to do asanas, pranayama, and TM twice a day with the rest of the School and that every subject was always connected back to our Self, and universal principles were seen across disciplines.

“As a TM Teacher, it’s gratifying to see people feeling better within just a few days of learning the technique. It’s such a simple and empowering tool to allow someone to connect with themselves again and lower the wide range of symptoms of stress. I feel grateful to have been able to do this work with the David Lynch Foundation these past eight years.”

Kelly Malloy (2002), “Teaching TM in New York has been a true gift of a career. Our population continues to face trauma, burnout, and fear. I am grateful to provide a technique that facilitates quick relief and lasting benefits.”

The following is only a small sample of the many extraordinary Maharishi School alumni who are working for TM organizations.
Kennidy Stood (2012) taught TM in Los Angeles schools for the David Lynch Foundation. “Maharishi School gave me a strong foundation for practicing my own self-care and self-reflection, be it through TM or other tools I picked up along the way. This has helped me stay grounded and curious throughout my personal and TM-teaching journeys. Teaching through the David Lynch Foundation gave me the joy of connecting with some amazing school communities while also sharing TM and the perspective and calm it has brought me.”

Jeremy and Tasha Blitz-Jones (1999): Jeremy is a leadership coach and strategy consultant. Tasha is focused on teacher education and building a professional learning community of schools with TM programs. They teach TM in schools, companies, hospitals, and local TM centers.

Tasha: “Maharishi School provided me with many years to familiarize myself with the experience of transcending and gain an understanding that consciousness is a primary paradigm.” Jeremy: “Even though I’ve been practicing TM for over twenty years, the experience of teaching people TM continues to inspire me. People consistently report improvement in their ability to focus and an overall improvement in their quality of life. I am grateful to be able to share TM with others as part of my work.”

David Navarrete (1988) teaches TM at MIU undergraduate and graduate students and visiting foreign nationals who feel more comfortable learning TM in Spanish.

“Teaching TM transcends the personal or the professional by a long shot. I would call it a deep, deep gratitude that I am able, every time I can teach, to be that simple stepping stone for another person to experience the source of their own Self.”

Owen Blake (2008) is a Performance Coach for professional e-sport teams, teaching TM and a Consciousness-Based methodology for highest performance. He is researching the effects of TM on professional e-sport athletes for his PhD.

“Attending the Maharishi School exposed me to so much knowledge about life and well-being that just isn’t readily available elsewhere. There is a level of familiarity and comfort with Maharishi’s technologies of consciousness which helped me immensely as a teacher of the TM technique. This knowledge helps me live my life in a healthier and happier way and allows me to lead by example when teaching the TM technique.”

Annie Falk Blecher (2001) manages the business development for Community & Individual Development Association and the Maharishi Invincibility Institute in South Africa. She was previously based in Beijing and San Francisco with the Center for Wellness & Achievement in Education, Stress-Free Schools, and the David Lynch Foundation. In 2005, Annie completed her BA in Digital Media and her MBA in 2014 from MIU. She is a certified teacher of the TM technique.

“Maharishi School helped me to discover who I was and what I wanted out of life. As a result, I was fearless in my approach to exploring the world when I graduated.”

—Annie Falk Blecher

Parents Jeremy and Tasha with Ari Dovey Blitz-Jones

MAHARISHI SCHOOL ACHIEVEMENTS
I encourage everyone to support my beloved alma mater.

I am all about music. As a vocalist, lyricist, and producer, my stage name is “Veda,” which stems from my appreciation of Maharishi’s knowledge of the reality of life. The music I make alternates between pop, alternative, and hip-hop, and has a suave, introspective sound, rooted in a wide spectrum of experiences soaked up from integrating silence and dynamism as an advanced meditator and an MIU alumna.

My early interest in music began while attending trilingual school; to this day I love writing and performing in English, Spanish, and my native French. My love for music grew exponentially when in my mid-teens I started competing across Quebec with a hip-hop dance company. At 18, I moved to MIU in Montreal, I took a leap of faith and the possibilities. On returning to Quebec, I was bubbling up and transcendental Meditation was the key—opening me to creative possibilities. On returning to MIU, I took a leap of faith during the pandemic and released my first single: “Quiet,” “Forgive and Forget,” and “Lingo.” The response was over 220,000 views and streams. In May 2021, I was invited to the inauguration of the Doshi Integrative Medicine Center in Los Angeles, where I performed two of Dr. Doshi’s poems (“Unity” and “Now”) that I’d arranged especially for this event.

More and more I feel that producing and performing music brings me full circle: flowing from deep within my being to an outer expression and then later, back to inner fulfillment when I hear the final recording. In my music I’m spontaneously and effortlessly conveying MIU’s purpose: self-referral, sustainable living, and the truth of life which is unity and peace.

– Tara De Santis
I can learn skills to succeed in my career at any university. What MIU uniquely helped ingrain in me is the importance of healthy habits that will pay dividends the rest of my life: meditating, eating healthy, exercising, and getting enough sleep. Any success I’ve enjoyed so far in life is on the basis of this foundation and I give back to MIU so that others may enjoy the same opportunities that I did.

—Narayan Windenberger

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I did my PhD here. I found that MIU provided a fertile ground to grow, not just in intellectual skills and learning, but as a complete, well-rounded human being motivated to build a better world. It’s a privilege to be able to support the growth of this important institution. MIU is like a beacon of light.

—Eva Norlyk Smith
I feel very satisfied when I contribute in some small way to this University community that I enjoy so much being a part of. Everyone, come and join us.

Thanks, MIU!
—Don Hoelting
We donate to MIU because it’s the future—it’s the strongest ticket for a better world. It has the educational system that is consciousness-based, meaning it provides complete knowledge of the knower, the process of knowing, and the known. And it has a super community around it—we visit whenever we can!

—Tom and Jeanne Ball, full-time TM teachers in Asheville, NC

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We were inspired to tithe years ago by Monty Guild, who gave a talk on tithing at a Council of Executive Governors banquet. This year we had a little extra income, so we’ve shared some of it with MIU. Happy to be in a position to give a little extra!

— Sam and Mary Boothby

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I know now how much it meant to be an MIU student. It transformed my life. I want others to have the same opportunity I did. We donate to the University because MIU knows how to get to the root of problems and unplug them, through the expansion and development of consciousness.

— Patrik Siljestam, with wife Aliyah Warwick Siljestam
It’s important to help support the flagship-home of Consciousness-Based education. For post-secondary education or adults returning to further their education, people get something extra-special at MIU. And as alumni, by giving back, we are also paying it forward for new students to benefit. As a journalist and activist, I’m quick to recommend MIU to everyone.

—Ken Chawkin
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Trudy Berkovitz
Barbara Watkins Shelor

OUR SUPPORTERS

Mallikarjuna ’10 and Carole Vaporean
John V an Schaik
Savin and Marilyn Ungaro
Stephen Ungaro
Christina Tweedie
Leslie Tung and Soli Radenker
Bonita Verch
Bill V dreamed
Mary Ellen Arna-Arnight
Nancy Wyatt
James and Carly Wyckoff
Joel 81 and Billie Jean Wysong
Dewey Xiang ’18
Wei Xie ’19
Pat Yanhua
Gan Yi
Oh Har and Yourung
Elizaebath and Robert Young
Cherry Zhan
Cindy Zarske
Jule Zavaro
Matthew Zeren’96
and Babina Mishra
Wei Zhang’18
Wei Zhou ’18
Zhongyong Zhou ’03
Xiankun Zhou ’17
Yuanzhuo Zhu ’91
and Lina Carkeet
Sun Zhao’19 and Yafei Geng
Martin Zucker

The following businesses, foundations, and trusts made donations to the University during the past fiscal year.

Anonymous (5)
AA B Analytical Service Corporation
Adio Business Services, Inc.
AmazonSmile Foundation
Arcadia Training & Consulting Inc.
Ayer Family Foundation
Barbara A. Foster Fund at Fidelity Charitable
Bob Cohm Fidelity Gift Fund at Fidelity Charitable
Bruce A. Davis ’95 Living Trust
Annamarra Currivan
Donor Fund at Schwab Charitable
Centre County Library & History Museum
Coherence Systems
Cramer Yu Family Charitable Fund at Schwab Charitable
David Alan Feinberg
Charitable Fund at Fidelity Charitable
David and Jennine Kidd Inc.
Charitable Fund at Schwab Charitable
David and Penny Fitz
Randolph Doheny-Advised
Kim Strawn-Jones Charitable
David L. Lieb Foundation, Inc.
David T. Hanson Donor- Advised Fund of the Greater Cedar Rapids Community Foundation
David T. Hanson Fund of The Chicago Community Foundation
Deirdre A. Merhan, LLC
Del Fuly Charitable Account
Diane G. Davis Living Trust
Doug and Nancy Kay Donor- Advised Fund at Schwab Charitable
Des. Kiran and Pallavi Patel Foundation for Global Understanding
Des. Kiran and Pallavi Patel Family Foundation, Inc.
Eileen M. Lawrence Charitable Fund at Fidelity Charitable
Fairfield Accounting Services, Inc.
Fidelity Charitable Services
Thiel Accounting & Financial Services

The following companies and foundation matched employee donations to the University during the past fiscal year.

American International Group, Inc.
Collins Aerospace
Eirian and Young Foundation
IBM Corporation Matching Grants Program
Microsoft Matching Gifts Program
Texas Instruments Foundation
The Boring Company Gift Match/ BPAC Program
UnitedHealth Group

The following companies and individuals made non-cash gifts to the University during the past fiscal year.

Anonymous (3)
Vincent Argiro
Joseph 86 and Christine Boxerman
Michael Busch ’83 and Pgi Kemper Busch
Michael and Jane Cuddie
Richard and Gail Dubly
Peter Dalton 88
Jean Daniels
Estate of Devorah McKay
Estate of Nancy Lynn Watkins
Tom and Roxanne Factor
Gary and Mary Gagnon
Har 75 and Lynda G Goldstein
Michael Goodelman ’86
David Gottsch’80
Doug and Fran Greenfield
Stephen Harper
Joe 76 and Lynda Hulberg
Michael Holzman 85
Richard and Nancy Incorvia
Paul and Debra Jameson
Sid and Ewe Kurther
Lynette Macdonald
Hugh and Lynn MacFadzean

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Maharishi always spoke of individual and societal fulfillment in terms of education—first as the experience of the transcendent and then as the intellectual ability to understand this profound experience. Based on this foundational experience of the underlying field of creation, MIU’s education brings a practical context for all that flows in our day-to-day lives. MIU is the expression and expansion of this foundational knowledge; it is a lighthouse for the US and the world. — Linlin and Alan

Alan and I are very happy that we were able to make this donation to MIU. Giving one of the largest Vastu buildings in the US and world to MIU feels natural and fulfilling for us. For Alan and me, the donation to our beloved University where I work is like sharing with family. We are truly blessed to do so.

And thank you all, our dear colleagues and friends, for your long-time support and dedication to the University and community.

Over the course of many years, MIU has received bequests from estates and trusts of the following people (listed alphabetically):

**Estates of:**

- Vahian Akullian
- Antoine F. Alazraki
- Julie Anna
- Margaret Ashelman
- Jean A. Austin
- Geoffrey Baker
- Lelia Zulema Baron
- Charles M. Baudoux
- Joseph William Becker
- Kayren Berna
- Michael Joseph “Mick” Collins
- William E. Crist
- Ron Dean
- Jerry Dick
- Helen Ederer
- Rosalie Euchner
- Gene S. Faber
- Ilse Fleischman
- James Rankin French
- Arthur Gabriel
- Harriet S. Gillian
- Peter Graham-Bell
- Arthur and Christina Granville
- Paul A. Hamidelman
- Sandra M. Hartley
- Annie G. Hildenbrand
- Jean-Marie Karst
- Victor Donald Kolb
- Jack Lipshultz
- Stanley Lucind
- Caroline A. Loose
- Frank Lukes
- Ellen Masse
- Eleanor McColgan
- Samuel Poll Mclhenney
- Deborah McKay
- Janet Dorothy McKenzie
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- John H. Meyers
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- John Petit
- Maripaz Pimentel
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- Mildred Allen Taub
- John Troha
- Edward J. Vavra
- David Verrill
- Devani Wagner
- Nancy Lynn Watkins
- Barbara Wilson
- Edward Wilson
- Irene Winder
- Norman Zierold

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Linlin and I had discussed in the past a goal of endowing the University with a fund that with each year brought income. This building, this Vastu, is just that. Being able to help our University expand physically and also sustain itself from the income the building generates, for years to come in the future—this met our vision in a perfect manner.

We want to acknowledge all of you for your dedication and love for Fairfield and MIU, and for making this donation possible.
Thank you for making our living spaces beautiful!

Hats off to the following people who donated furnishings for faculty apartments and other buildings sprinkled around campus, from the Library to the Wellness Center.

Anonymous (15)  
Corina Acosta  
Michael and Joan Adams  
Jane Aikens  
Richard Andrews  
Elias Argiro ’80  
Peter and Paula Armstrong  
Janet Artwood  
James Balakier and  
Ann Stewart Balakier  
Michael and Teresa Banister  
Richard ’82 and Andrea Beall  
Matthew ’80 and  
Julie ’92 Beaufort  
James and Linda Bedinger  
Doug and Linda Birx  
Warren Blank and  
Mary Ann Cooke  
Michael ‘13 and Casey Blizard  
Lucy Blueberry  
Ruthann Bollinger  
Sam ’82 and Mary Boothby  
Abe Bornstein and  
Merrye Schindler  
Joseph ’86 and  
Christine Boxerman  
Bob and Connie Boyer  
Deborah Brill  
Chris and Julia Busch  
Michael Busch ’83 and  
Pegi Kempner Busch  
Don ’84 and Sarah ’81 Chell  
David Collins ’76  
Paul Coreaza ’78  
Margaret Cowgill ’88  
Dan ’88 and Jean ’90 Craig  
Michael and Jane Caddehle  
Richard and Gail Dalby  
Bhupendra and Nayna Dave  
David Lynch Foundation  
Jade Davis ’19  
Tamlin Day ’18  
Wally DeVasier  
Steven and Kathryn Druker  
John and Susie ’88 Fagan  
Bob Ferguson  
Tom ’96 and Jennifer Fishback  
Gary and Mary Gignoon  
Peatson and  
Sidney ’82 Gibson  
Tom Glenn  
Hal ’75 and Lynda Goldstein  
Michael Goodleman ’86  
David ’90 and  
Rachel ’86 Goodman  
David Gottsch ’80  
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Rachel ’86 Goodman  
David Gottsch ’80  
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The Maharishi International University Legacy Society was established in 1994 to recognize and honor individuals during their lifetime who have included the University in their estate plans. Through their pledged gifts, MIU Legacy Society members are playing the starring roles in ensuring that Maharishi’s vision for MIU is realized.

If you have not notified us that you have included MIU in your will or estate plan, please send an email to planned-giving@miu.edu and we will be happy to include you in the honor roll as a member of the Legacy Society.
A Special Tribute to Top Cumulative Donors

Anonymous (4)  
Jeffrey and Rona ‘79 Abramson  
Vincent Argiro  
Ramani and Louise Ayer Rogers  
Candace ‘78 Badgett  
Ron and Bonnie ‘81 Barnett Warren and Harriet ‘95 Berman Howard Chancellor ‘86  
Larry and Susan Chroman Brad Cooke Bruce and Annamarie Curriyan Robert and Susan Daniels David Lynch Foundation Jim and Diane ‘85 Davis  
The Dimick Family  
Navin and Pratima Doshi The Dreier Family Charles and Holly Egner Tom and Roxanne Factor Steven and Gillian Foster Rash and Margaret Glazer Hal ’75 and Lynda Goldstein The Granville Family Fred and Shelley Gratzon Doug and Francine Greenfield Monty Guild Chris ’78 and Linda Hartnett Bruce and Danielle Hauptman Jim and Betsy Huffsmith  
The Hurlin Family Greg Karnaze and Pam Powers ’85 Bruce Kendall Joni and Kevin Kimberlin The Lieb Family David and Emily Lynch Maharishi Foundation USA Bob and Carol ’00 Markowitz Ted and Barbara McLaughlin Martin and Peggy Olson Ravi and Naina Patel Joanna Pfiesky Dorian and Natalia Punj Rasm Raj Foundation Cliff and Kelly ‘85 Rees Walter and Ellen Reifslager Steven and Karen Rubin Jonathan and Cathy Rudney Eric and Kelly Schwartz Schwartz Family Foundation Howard and Alice Settle Silent Partner Grants Alexander and Petra Stanley Maggie Vancik ’89 Chris and Laura ’03 Wege Wege Foundation Steven ’12 and Geri Winn Bob and Maureen Wynne Gil Younger The Zimmerman Family

Why Your Support Matters

MIU’s two major sources of income are student tuition and donor support. Donor support includes the Annual Fund, capital campaigns, and bequests and endowment donations.

2020-2021 Total Revenues
Total revenues include research grants and restricted donations.

2020-2021 Total Expenditures
Operating expenditures do not include those funded by research grants and restricted donations.